

Fruit Salad With Yogurt

By: Chelsea Lords

Prep Time: 20 minutes

Total Time: 20 minutes

Servings: 6 servings (side)

Fruit Salad with Yogurt transforms fresh fruit into a flavorful, creamy dish that feels anything but basic.

Equipment

- Large bowl

Ingredients

- 3 mandarins, peeled & segmented (about 1 cup)
- 1 cup diced strawberries
- 1 cup green grapes, halved
- 1 cup blueberries
- 1 large apple, diced (Fuji recommended)
- Juice of 1/2 lemon
- 1 cup honey vanilla Greek yogurt
- 2 tablespoons honey
- 1/4 teaspoon vanilla extract
- 6 tablespoons granola (optional)

Instructions

- 1 Make the dressing: In a small bowl, whisk together yogurt, honey, lemon juice, and vanilla until smooth. Adjust sweetness to taste.
- 2 Prep the fruit: Ensure fruit is completely dry. Add fruit to a large bowl and gently toss to combine.

- 3 Option 1: Spoon fruit into individual bowls and top with a generous spoonful of yogurt dressing.
- 4 Option 2: Mix yogurt dressing directly into fruit for a fully coated salad. If mixing all together, serve the same day.
- 5 Optional: Add granola or another crunchy topping just before serving.