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# Strawberry Milksicles!

*12 portions*

1 (10 – ounce) package  
frozen strawberry

1 cup whole milk

1/2 cup strawberry frozen  
yogurt

12 (3 – ounce) plastic or  
paper cups and 12 wooden  
craft sticks or 12 (2 – ounce)  
freezer pop molds

- ➊ Partially thaw the strawberries by leaving them at room temperature for 10 minutes.
- ➋ Place the partially frozen strawberries with their liquid in a blender.
- ➌ Add the milk and frozen yogurt.
- ➍ Cover and blend until smooth.
- ➎ Divide among twelve cups or freezer pop molds. Place the cups in a 9 by 13 inch baking pan.
- ➏ Cover each cup with aluminum foil. Push a craft stick through the center of the foil to hold the stick in place while freezing.
- ➐ Freeze until firm, 3 to 4 hours.